

St Mary's, Cleator & St Joseph's, Frizington

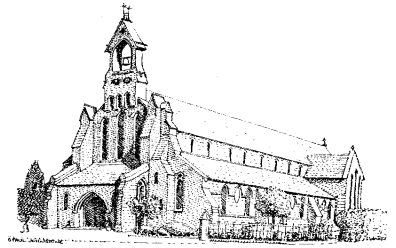
22nd February 2015 : First Sunday in Lent

MASSES - St Mary's, Cleator

Sat (21st)	7.00pm: Ruth Hurst
Sun (22nd)	10.30am: Edward Fitzpatrick
	5.30pm: Basil & Margaret Goulding

Mon (23rd)	9.10am: Joe & Winnie Power
Tue (24th)	9.10am: Josephine Daragon
Wed (25th)	7.00pm: Special Intention (BC)
Thur (26th)	9.10am: Mary Smith Len & Eileen Clifford
Fri (27th)	9.10am: Nellie Stanborough

Sat (28th)	7.00pm: Audrey Rea
Sun (1st)	10.30am: People of the Parish
	5.30pm: Special Intention (TO'P)



CONFESSIONS

St Mary's: Sat 6.00-6.45pm
St Joseph's: Sat 10.30am

TEA & COFFEE

after 10.30am MASS

YOUR PRAYERS ARE ASKED FOR :

Edward Monaghan, Cheryl Spencer, Rob Moore, Cath Nolan, Bortolo Cais, Julia Rodgers, and for all those in the parish who are sick.

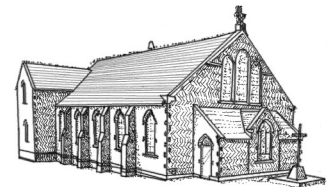
For all those who have died recently, those in our **Book of Remembrance** and all whose anniversaries occur at this time.

MASSES - St Joseph's, Frizington

Sun (22nd)	09.15am: Phil Murphy

On Monday, Tuesday & Thursday there will be a Holy Communion Service at 10am	
Wed (25th)	10.00am: Danny Dougan
Fri (27th)	10.00am: David Curwen
Sat (28th)	10.00am: Elizabeth & Francis McCrory

Sun (1st)	9.15am: Special Intention (YT)



STATIONS OF THE CROSS

Every **Friday** during Lent, 7pm at St Mary's.

Every **Monday** during Lent, 12.30pm at St Joseph's.



GOSPEL ACCLAMATION

During Lent, to mark the penitential character of the season, we do not sing Alleluia. Instead, at most Masses, we are using a setting of the words: '**Glorify to You O Christ, You are the Word of God.**' At the 10:30am Mass we will use number **200** from the hymnbook.

CAFOD Lent Fast Day: Friday 27th February

CAFOD envelopes are available at the back of church this weekend. Please share what you can with some of the poorest communities worldwide. **Don't forget to fill in the Gift Aid details if you are a taxpayer.**

This year the Government will match every £1 donated during Lent up to the value of £3.5 million meaning that even more of the world's poorest women, men and children are able to cope with the effects of extreme weather.

LENT BOOKLETS

'My Day by Day' Lent booklets - Cost £1

FIRST COMMUNION PROGRAMMES

The First Holy Communion Programme continues this weekend. Please be aware that the session at St Mary's starts 15mins before Mass, at **10.15am prompt**, so please make sure your child arrives on time.

All children are expected to return to church and **join their parent /guardian** after the preparation session and participate in the Mass. **It is not setting a good example to the children to leave the church during Mass.**

DONATION

Thanks for the donation of £100 for church funds.

ST PATRICK'S NIGHT SOCIAL EVENT

A Fish and Chip Supper and Quiz Night will be held in St Bega's Hall, Bowthorn on **Friday 20th March** at 7pm. Tea & coffee will be served. Please bring your own cutlery. Tickets available from the Caritas group. **Adult £5 Child £3.50**
All proceeds will support our young people going to Lourdes with the Diocesan Pilgrimage. Donations of raffle prizes would be most

MAKE A GOOD LENT

As well as 'giving up' something why not improve your prayer life.

- Go to a weekday Mass
- Stations of the Cross
- Use the Lent 'Day by Day' booklet (available at the back of church—cost £1)
- Go to Confession

ECUMENICAL HUNGER LUNCH

As in past years Lenten lunches, consisting of soup and a roll, will be served in Cleator Moor Methodist Church Hall each Wednesday during Lent from **Wednesday 25th February - Wednesday 1st April**, 12 noon - 1pm. A minimum donation of **£2** will be much appreciated.

KNIGHTS OF ST COLUMBA

" A Lifetime of Faith" Spiritual Bouquet

The Knights of St Columba of Great Britain spiritual bouquet is a gift of prayer. The Catholic lay organisation started a journey of prayers, devotional acts or good deeds on December 28, 2014, the Feast of the Holy Family, and invites you to take part on this spiritual path over the next 10 months. Help to build a garland of dedication between now and the Feast of St John Paul II, on October 22 this year. The focus is to gather as families, community groups or as individuals in prayer, worship, meditation and the Holy Rosary for particular chosen intentions. A different intention has been selected for each month

Please submit your prayers and devotions to Deacon John.

Spiritual Bouquet Prayers & Dedications

FEBRUARY: WHEN DID WE SEE YOU SICK?

In this month of Our lady of Lourdes, we consider the sick. We think especially of the rights for life from cradle to grave, disabled rights, the fight against euthanasia etc



The Caritas group have organised a fund raising appeal for the North Lakes Foodbank starting on **Sunday 22nd February until Sunday 8th March.**

Your donations will provide emergency food supplies to individuals and families in crisis identified by care professionals, who will refer them with a food voucher to the foodbank centre where they are given food supplies, a cup of coffee and help in finding other professionals who can help them out of their crisis.

The Foodbank can **ONLY** put in the food bags items from the Shopping List as shown on the right.

Copies of the shopping list to pop in your purse/wallet to refer to whilst shopping, can be found at the back of church.

The food is given out in *bags for life* if you would like to donate one with your food.

Please place your donations in the box at the back of church.

Shopping List

No Low Calorie Foods please.

- * **Fruit Juice** (1ltr carton UHT)
- * **Tomatoes** (Tinned or Carton)
- * **Tinned Fruit**
- * **Tinned Vegetables**
- * **Tinned Meat**
- * **Tinned Fish**
- * **Rice Pudding** (Tinned)
- * **Cereal** (Medium 500g ONLY)
- * **Pasta Sauces** (jars or sachets)
- * **Sugar** (small and large bags)
- * **Pasta** (Medium bags of dried pasta. NO sachets of 'pasta & sauce' mixes)
- * **Milk** (Full Fat or Semi- Skimmed UHT)
- * **Sponge Pudding** (Tinned)
- * **Biscuits or snack bars**
- * **Tea Bags/Instant Coffee** (Medium or small)
- * **Jam** (not homemade)