

St Mary's, Cleator & St Joseph's, Frizington

13th April 2014 : Palm Sunday

MASSES - St Mary's, Cleator

Sat (12th) 7.00pm: Mary Kennedy, Patricia Graham,
Kathryn Graham & Claire Louise Edwards

Sun (13th) 10.30am: People of the Parish
5.30pm: Margaret Butler

Mon (14th) 9.10am: Bob Scott
Tue (15th) 9.10am: Lorraine Maxwell
John Fleming (Melbreak)

Maunday
Thursday 7.00pm: Sarah Mackin

Holy Saturday 8.00pm: People of the Parish

Easter Sunday 10.30am: Bill Campbell



CONFESSIONS

If you were unable to attend confession during Lent, confessions will be available by request.

YOUR PRAYERS ARE ASKED FOR :

Paul Arrighi, Elaine Fleming, Ethel Coyles, Cath Nolan, Sheila Farrer, Bortolo Cais, Julie Rodgers, Jimmy Bowers, Michael Bailey, Lucy Ryan, Rita Kennedy, Terry Russell, Bishop Patrick O'Donoghue, and Fathers John Hawkins, & John Marsh, and for all those in the parish who are sick.

For all those who have died recently, for those in our **Book of Remembrance**, and all whose anniversaries occur at this time of year.

MASSES - St Joseph's, Frizington

Sun (13th) 9.15am: Tim Frost

On Monday & Tuesday
there will be a Holy Communion Service at 10am

Wed (16th) 10.00am: Peter Burns
Edward Corkan

Maunday
Thursday 7.00pm: Charlie Kerswell

Easter Sunday 9.15am: Rita Bolton



COLLECTION

The collection on Easter Sunday is as customary your Easter offering to the clergy.

ECUMENICAL HUNGER LUNCH

Lenten lunches, consisting of soup & a roll, will be served in Cleator Moor Methodist Church Hall each Wednesday during Lent, 12 noon - 1pm.

INSTRUMENTS OF THE LORD'S PEACE – RECONCILIATION WEDNESDAY

Are you searching for a pathway to peace with another person or for a situation close to your heart? Bring this need to prayer on the **Wednesday of Holy Week - 16 April 2014** from 6.00 – 8.00pm at St Mary's and 6.00—7.00pm at St Joseph's. On Reconciliation Wednesday, we will gather with Catholics from all over the Diocese to pray for the peace and Reconciliation that our Lord can give when we offer ourselves as instruments of that peace.

HOLY THURSDAY

MASS OF CHRISM: 11.30am at Lancaster Cathedral.
At this Mass the Bishop and Priests of the diocese will renew their priestly vows; the Holy Oils used in the administration of the Sacraments will be blessed and distributed.



MASS OF THE LORD'S SUPPER: (with the washing of feet)



7pm at St Joseph's, followed by watching at the Altar of Repose until 10pm.

7pm at St Mary's, followed by watching at the Altar of Repose until 10pm.

GOOD FRIDAY (*a day of fast and abstinence*)



STATIONS OF THE CROSS: 10.00am at St Mary's & St Joseph's

CELEBRATION OF THE LORD'S PASSION: 3.00pm at St Mary's.

(Retiring collection will be taken for the Holy Places.)

HOLY SATURDAY

THE EASTER VIGIL: 8pm at St Mary's
We'll gather outside St Mary's for the lighting of the Easter Fire before moving into the Church for the Vigil and first Mass of Easter.

EASTER SUNDAY

MORNING MASS at St Joseph's: 9.15am

MORNING MASS at St Mary's: 10.30am



PLEASE NOTE:- *There will be no Evening Mass on Easter Sunday.*

ALTAR SERVERS

Practices for all **altar servers** at St Mary's have been arranged for the following times:-

Holy Thursday- 6.30pm
(Mass - 7pm)
Good Friday- **2.30pm**
Holy Saturday - 12 noon

"OLIVET TO CALVARY"

An augmented choir will perform J. H. Maunder's "Olivet to Calvary" on **Monday 14th April** at 7.30pm in St Mary's Church, Cleator. Donations by collection in aid of West Cumbria Hospice at Home. See poster on notice board.

CHRISM MASS

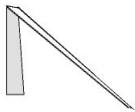
At Lancaster on **Thursday 17th April** at 11.30am

STATION OF THE CROSS

The Stations of the Cross in the Grotto have been refurbished - many thanks to Bob Siddle.



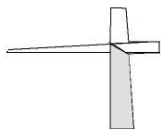
Take a palm that is about 2 feet long and 1/2" wide (if it tapers at the top, this is good!). Hold the palm upright, so the tapered end points toward the ceiling.



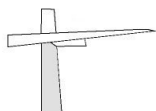
Then bend the top end down and toward you so that the bend is about 5 or 6 inches from the bottom of the palm.



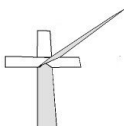
About a third of the way from the bend you just made, twist the section you've pulled down to the right, forming a right angle.



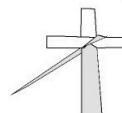
About an inch and a half away from the "stem" of the cross, bend this arm of the palm back behind the palm so that it is now facing to your left. Make the bend at a good length to form the right arm of the Cross.



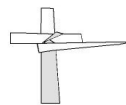
Folding that same section at a point that equals the length on the right side, bend it on the left side and bring the end forward over what is now the front of the cross.



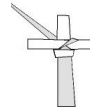
From the very centre of the Cross, fold that arm up and to the upper right (in a "northeast" direction) so that it can wrap around where the upright post of the Cross and the right arm intersect.



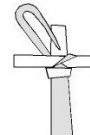
Fold this down and to the left behind the Cross...



...and then fold it toward the right so that it is parallel and under the transverse arms of the Cross.



Bring it up behind the Cross again, this time folding it up toward the "northwest" direction.



Tuck the tapered end into the transverse section you made in step 7...



...and pull through.